CANADIAN RED CROSS

Head and/or Spine Injury

PRE-HOSPITAL

Call details:
Called to a single motor vehicle collision involving a motorcycle. You arrive to find a responsive male, whom you estimate to be in his late 20s, lying on the side of the road.

Instructions to role-players:
You are a 28-year-old downhill mountain biker out for a recreational ride. You hit a piece of debris and go over your handlebars, hitting your face on the bike as you fall. You are wearing a full face helmet with no visor. You are moaning and are not able to get up off the ground. The blood from your nose and mouth injuries is running into your throat, and you are having trouble breathing.

MARINE

Call details:
Called to a 32-year-old male who slipped on the stairs in the bow of the ship and hit his face against the stair railing. He is responsive but not getting up.

Instructions to role-players:
You are a 32-year-old man working as a crew member on board a ship. You are running down a flight of stairs to quickly deliver a message, and you slip and fall. You hit your face against the railing as you fall. You have been loading transport bins so you are wearing a full face helmet without a visor. You are moaning and are not able to get up off the ground. The blood from your nose and mouth injuries is running into your throat, and you are having trouble breathing.

WORKPLACE

Call details:
Called to a 28-year-old surveyor out on a quad (an all-terrain vehicle) who was thrown against the front bar. He is responsive but not getting up.

Instructions to role-players:
You are a 28-year-old man surveying on a quad. As you take a sharp turn, you hit a large bump hidden in the dirt road. You are thrown forward and hit your face against the front bar as you fall. You are wearing a full face helmet without a visor. You are moaning and are not able to get up off the ground. The blood from your nose and mouth injuries is running into your throat, and you are having trouble breathing.

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Participant(s): _____

Time initiated: _____

			Findings/Actions Successfully Identified/Demonstrated		
	Findings	**Actions**	**Yes**	**No**	**Notes/Supporting Comments**
Scene Survey					
Environment	See scenario				
Hazards	None				
Mechanism/Chief Complaint	Fall				
Number of Patients	1				
Additional Resources	None				
Primary Survey					
Introduction		**Apply PPE, introduce self and obtain consent**			
Appearance	Blood on face				
Level of Consciousness	Verbal				
Spine	Clear	**Apply manual stabilization**			
Airway	Blood in throat	**Clear airway**			
Breathing/Circulation	Regular/present	Oxygen via NRB, 12–15 lpm			
Shock					
Rapid Body Survey					
Head-to-Toe Check	Blood from mouth and nose Abrasions to legs, lacerations to arms				
Intervention	**Spinal immobilization**	**Remove helmet** **Apply cervical collar, place on backboard**			
Transport Decision					
Decision	Load and go				

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				Findings/Actions Successfully Identified/Demonstrated		
	Findings		Actions	Yes	No	Notes/Supporting Comments
Secondary Survey						
Interview						
Chief Complaint	Pain, unable to get up					
Signs/Symptoms	Blood on face					
Allergies	Peanuts					
Medications	None					
Past Medical History	None					
Last Meal	Breakfast					
Events Prior	See scenario					
Vital Signs						
Pulse	82/regular/full	82/regular/full				
Respirations	14/regular/deep	14/regular/deep				
Blood Pressure	140/90	140/90				
Pupils	Unequal	Unequal				
Skin	Warm, moist	Warm, moist				
GCS	12	14				
SPO_2	97%	97%				
Blood Glucose	5.6	5.6				
Head-to-Toe Check						
Head/Face	Blood from nose and mouth		Bandage wounds			
Neck	No JVD					
Chest	As found					
Abdomen/Pelvis	As found					
Back	As found					
Upper Extremities	Lacerations					
Lower Extremities	Abrasions					
Neurological	As found					
Secondary Transport Decision						
Decision	Load and go					

Time completed: _____

Overall comments: _____

Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

☐ Complete ☐ Incomplete

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