CANADIAN RED CROSS

Diabetic Emergency

PRE-HOSPITAL

Call details:
Called to a hotel lobby for an unresponsive 40-year-old female.

Instructions to role-players:
You are a 40-year-old female with a history of diabetes. You are insulin dependent. Your co-worker is with you and knows your medical history. You were in the hotel lobby waiting for a taxi when you slumped down and began to feel very unwell, and you are now lying on the ground, unresponsive. You haven't been eating well lately. You forgot to take your insulin this morning.

MARINE

Call details:
Called to the engine room for an unresponsive 40-year-old female.

Instructions to role-players:
You are a 40-year-old female with a history of diabetes and are insulin dependent. Your co-worker is with you and knows your medical history. You were in the engine room about to go on break when you slumped down and began to feel very unwell, and you are now lying on the ground, unresponsive. You forgot to take your insulin this morning.

WORKPLACE

Call details:
Called to the front entrance of the office building where you work for an unresponsive 40-year-old female.

Instructions to role-players:
You are a 40-year-old female with a history of diabetes and are insulin dependent. You work as an executive assistant in an office building. Your co-worker is with you and knows your medical history. You've been working long hours and skipped lunch so you could leave early with your co-worker. Your co-worker was with you at the front entrance of the office building when you slumped down and began to feel very unwell. You are now lying on the ground, unresponsive. You forgot to take your insulin this morning.

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Participant(s): _____

Time initiated: _____

			Findings/Actions Successfully Identified/Demonstrated		
	Findings	**Actions**	**Yes**	**No**	**Notes/Supporting Comments**
Scene Survey					
Environment	Safe				
Hazards	None				
Mechanism/Chief Complaint	Unresponsive, seizure				
Number of Patients	1				
Additional Resources	Security staff				
Primary Survey					
Introduction		**Apply PPE**			
Appearance	Pale, cool				
Level of Consciousness	Unresponsive	Patient responds by moaning to painful stimuli			
Spine	Clear	Maintain spinal immobilization until head and/or spine injury ruled out			
Airway	Snoring	OPA			
Breathing/Circulation	Regular/weak	Oxygen via non-rebreather mask, 15 lpm			
Shock	Pale, cool				
Rapid Body Survey					
Head-to-Toe Check	Pale				
Intervention		Manage airway			
Transport Decision					
Decision		Continue to assess			

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				Findings/Actions Successfully Identified/Demonstrated		
	Findings		Actions	Yes	No	Notes/Supporting Comments
Secondary Survey						
Interview						
Chief Complaint	Unresponsive		Search for further medical information to rule out epilepsy			
Signs/Symptoms	Slow breathing					
Allergies	None					
Medications	Insulin					
Past Medical History	Insulin-dependent diabetes Co-worker aware of her diabetes					
Last Meal	Co-worker has not seen patient eat today					
Events Prior	Co-worker states patient having troubles with husband, not eating properly					
Vital Signs						
Pulse	**120/regular/weak**	110/regular/weak	Absorb glucose gel in buccal cavity of mouth as per local protocol (for BC) if using glucometer			
Respirations	**12/regular/full**	12/regular/full				
Blood Pressure	**136/90**	120/80				
Pupils	**6 mm/slow to react**	4 mm/slow to react				
Skin	**Pale, cool**	Pale, cool				
GCS	**7**	10				
SPO_2	**98%**	98%				
Blood Glucose	**2 mmol Consider administration of glucose**	5 mmol				
Head-to-Toe Check						
Head/Face	Pale skin, cool					
Neck						
Chest						
Abdomen/Pelvis						
Back						
Upper Extremities						
Lower Extremities						
Neurological	Responsive to painful stimuli					
Secondary Transport Decision						
Decision			Transport			

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Time completed: _____

Overall comments: _____

Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/ identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

☐ Complete ☐ Incomplete

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