CANADIAN RED CROSS

Childbirth

PRE-HOSPITAL

Call details:
Called to a home for a 29-year-old female in labour.

Instructions to role-players:
You are a 29-year-old female going into labour with your second child. You stayed at home, waiting for your partner so he could drive you to the hospital. Labour has progressed more quickly than you expected, and you called EMS to take you to the hospital. You are in the ambulance and there is a lot of traffic.

MARINE

Call details:
Called to a ferry with a female in labour on board, en route between Newfoundland, and Labrador.

Instructions to role-players:
You are a 29-year-old woman going into labour with your second child. You live in Newfoundland, but the hospital where you are planning to deliver is in Labrador (due to potential complications), so you had to use the provincial ferry service.

WORKPLACE

Call details:
Called to the office of a 29-year-old female who has gone into labour.

Instructions to role-players:
You are a 29-year-old woman who is pregnant with your second child and planning to go on maternity leave in four days. You are at work at your desk when you begin to have contractions and your water breaks.

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Participant(s): _____

Time initiated: _____

			Findings/Actions Successfully Identified/Demonstrated		
	Findings	**Actions**	**Yes**	**No**	**Notes/Supporting Comments**
Scene Survey					
Environment	Safe				
Hazards	None				
Mechanism/Chief Complaint	Patient in labour				
Number of Patients	1				
Additional Resources	EMS				
Primary Survey					
Introduction		**Apply PPE, introduce self and obtain consent**			
Appearance	Female patient in obvious distress				
Level of Consciousness	Conscious				
Spine	Clear				
Airway	Clear				
Breathing/Circulation	Rapid, full (patient using breathing patterns learned in prenatal class)/present	Assist patient with breathing patterns as required, administer oxygen via nasal cannula or NRB			
Shock					
Rapid Body Survey					
Head-to-Toe Check	No remarkable findings				
Intervention		Oxygen, assist with breathing by coaching, deliver baby as per local protocol if required			
Transport Decision					
Decision		Rapid transport as per protocol			

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				Findings/Actions Successfully Identified/Demonstrated		
	Findings		Actions	Yes	No	Notes/Supporting Comments
Secondary Survey						
Interview						
Chief Complaint	Labour pain					
Signs/Symptoms	Sweating					
Allergies	None					
Medications	Prenatal vitamins					
Past Medical History	1 previous pregnancy, 1 live birth					
Last Meal	Breakfast					
Events Prior	See scenario					
Vital Signs						
Pulse	100/regular/full	90/regular/full				
Respirations	28/regular/full	20/regular/full				
Blood Pressure	128/80	124/78				
Pupils	4 mm	4 mm				
Skin	Pink, sweaty, cool	Pink, dry, warm				
GCS	15	15				
SPO_2	98%	98%				
Blood Glucose	N/A	N/A				
Head-to-Toe Check			Prepare for delivery of baby as per current standards and local protocol; provide care to mother as required			
Head/Face						
Neck						
Chest						
Abdomen/Pelvis	Distended abdomen					
Back						
Upper Extremities						
Lower Extremities						
Neurological	Alert/oriented to time, place, person					
Secondary Transport Decision						
Decision			Transport if not already done so			

Time completed: _____

Overall comments: _____

Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

☐ Complete ☐ Incomplete

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