CANADIAN RED CROSS

Cardiac Arrest

PRE-HOSPITAL

Call details:
Called to a workplace for a 49-year-old unresponsive male who has collapsed.

Instructions to role-players:
You are a 49-year-old male who is unresponsive. Your co-worker is performing CPR on you. Your co-worker relays the information that you have heart trouble and are in the process of being scheduled for surgery. Your co-worker notes that you drink and smoke. "I heard him groan and then heard a thump. I ran out of my office to see him lying on the floor. I called for help."

MARINE

Call details:
Called to the bridge for a 49-year-old unresponsive male who has collapsed.

Instructions to role-players:
You are a 49-year-old male who is unresponsive. Your co-worker is performing CPR on you. Your co-worker relays the information that you have heart trouble and are waiting for surgery. Your co-worker notes that you drink and smoke. "I heard him groan and then heard a thump. I ran here and found him lying on the ground. I called for help."

WORKPLACE

Call details:
Called to a workplace for a 49-year-old unresponsive male who has collapsed.

Instructions to role-players:
You are a 49-year-old male who is unresponsive. Your co-worker is performing CPR on you. Your co-worker relays the information that you have heart trouble and are in the process of being scheduled for surgery. Your co-worker notes that you drink and smoke. "I heard him groan and then heard a thump. I ran out of my office to find him lying on the floor. I called for help."

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Participant(s): _____

Time initiated: _____

			Findings/Actions Successfully Identified/Demonstrated		
	Findings	**Actions**	**Yes**	**No**	**Notes/Supporting Comments**
Scene Survey					
Environment	Safe, co-workers				
Hazards	None				
Mechanism/Chief Complaint	Unresponsive: cardiac arrest				
Number of Patients	1				
Additional Resources	Co-worker				
Primary Survey					
Introduction					
Appearance	Pale, cool, cyanotic lips/ earlobes				
Level of Consciousness	Unresponsive				
Spine	Clear				
Airway	Clear	OPA			
Breathing/Circulation	Absent/Absent	**CPR, prepare AED as soon as possible**			
Shock	Cyanotic lips				
Rapid Body Survey					
Head-to-Toe Check	No deficits if assessed				
Intervention	Effective two-responder CPR	Use AED, after 2 minutes of CPR switch responders			
Transport Decision					
Decision		Rapid transport upon completion of AED protocol			
Secondary Survey					
Interview	Bystander interviewed				
Chief Complaint	Cardiac arrest				
Signs/Symptoms	No vitals				
Allergies	Unknown				
Medications	Unknown				
Past Medical History	Heart surgery Heart ailment				
Last Meal	Breakfast				
Events Prior	Groan heard prior to collapse				

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				Findings/Actions Successfully Identified/Demonstrated		
	Findings		Actions	Yes	No	Notes/Supporting Comments
Secondary Survey (Continued)						
Vital Signs						
Pulse	Absent	Absent	Reassess every 2 minutes			
Respirations	Absent	Absent				
Blood Pressure	Absent	Absent				
Pupils	Dilated 8 mm	Dilated 8 mm				
Skin	Cyanotic	Cyanotic				
GCS	3	3				
SPO_2	0%	0%				
Blood Glucose	N/A	N/A				
Head-to-Toe Check						
Head/Face	Cyanotic, lips/earlobes					
Neck	Pale					
Chest	Blotching of skin					
Abdomen/Pelvis	As found					
Back	As found					
Upper Extremities	As found					
Lower Extremities	As found					
Neurological	As found					
Secondary Transport Decision						
Decision			Transport if not already done so			

Time completed: _____

Overall comments: _____

_____

_____

Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

☐ Complete ☐ Incomplete

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