CANADIAN RED CROSS

Anaphylaxis

PRE-HOSPITAL

Call details:
Called to an eight-year-old female with pain in her foot and difficulty breathing.

Instructions to role-players:
You are an eight-year-old female who stepped on something sharp while playing in your backyard. You are having difficulty breathing, and your face and arms are itchy. You are scared and don't like it when this happens. This has happened before at school, and your teacher had to help you stick yourself with a needle. You don't like needles.

MARINE

Call details:
None

Instructions to role-players:
You are a 20-year-old female relaxing on the deck of your fishing boat when you suddenly become short of breath. You begin to have difficulty breathing, and your face and arms are itchy. You are scared and don't like it when this happens. This has happened before, and a nurse had to give you a needle. You don't like needles.

WORKPLACE

Call details:
None

Instructions to role-players:
You are a five-year-old female on a company-wide family day with your dad and 10-year-old brother. You've just had a picnic and are taking a tour of the quarry when you begin to have difficulty breathing. Your face and arms are itchy. You are scared and don't like it when this happens. This has happened before at home, and your dad had to stick you with a needle. You don't like needles.

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Participant(s): _____

Time initiated: _____

			Findings/Actions Successfully Identified/Demonstrated		
	Findings	**Actions**	**Yes**	**No**	**Notes/Supporting Comments**
Scene Survey					
Environment	Outside, safe; warm summer day				
Hazards	None				
Mechanism/Chief Complaint	Itchy, SOB				
Number of Patients	1				
Additional Resources	None				
Primary Survey					
Introduction		**Apply PPE, introduce self and obtain consent**			
Appearance	Pale				
Level of Consciousness	Alert				
Spine	Clear				
Airway	Open, swelling to face	Administer medication using auto-injector			
Breathing/Circulation	Wheezy/rapid	Oxygen via NRB, 10–15 lpm			
Shock					
Rapid Body Survey					
Head-to-Toe Check	Rashes on face, neck, chest, abdomen, legs, and arms Bee stinger in bottom of left foot	Remove stinger			
Intervention	Oxygen Medication administration	NRB, 10–15 lpm Epinephrine			
Transport Decision					
Decision	Load and go				

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				Findings/Actions Successfully Identified/Demonstrated		
	Findings		Actions	Yes	No	Notes/Supporting Comments
Secondary Survey						
Interview						
Chief Complaint	Itchy, SOB, sore foot					
Signs/Symptoms	SOB, rashes					
Allergies	Bee stings					
Medications	Auto-injector					
Past Medical History	None					
Last Meal	1 hour ago					
Events Prior	See scenario					
Vital Signs						
Pulse	**140/rapid/weak**	**100/regular/full**				
Respirations	**28/rapid/shallow**	**20/rapid/deep**				
Blood Pressure	**70/Palp**	**100/60**				
Pupils	**4 mm/equal, round, and reactive to light**	**4 mm/equal, round, and reactive to light**				
Skin	**Pale, clammy**	**Pale, warm**				
GCS	**15**	**15**				
SPO_2	**92%**	**98%**				
Blood Glucose	**N/A**	**N/A**				
Head-to-Toe Check						If medication is given prior to the head-to-toe check, marked improvement will be seen in patient's rashes and wheezes
Head/Face	Hives					
Neck	Hives, no JVD					
Chest	Hives, wheezes, B/L chest expansion					
Abdomen/Pelvis	Rashes to abdomen					
Back	As found					
Upper Extremities	Rashes, MedicAlert®					
Lower Extremities	Rashes, stinger site					
Neurological	As found					
Secondary Transport Decision						
Decision	Load and go					

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Time completed: _____

Overall comments: _____

Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/ identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

☐ Complete ☐ Incomplete

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